

Visible Mending - Quick Guide

Running stitch

- ❖ Fabric. Pick out a piece of fabric to go behind or over your hole. Fabric should be larger than the hole.
- ❖ Prep. Trim off any extra bits around the hole you do not want. Trim fabric to size (if needed). With flimsy fabric, use an embroidery hoop to stabilize and make it easier to sew on.
- ❖ Baste. When you have the fabric positioned how you like it, tack it down with a basting stitch (very loose and quick sew) or pins. This way it will stay in place as you sew.



- ❖ Thread. Pick thread. Tie a knot on 1 end. Secure the knot at the back of the fabric.
- ❖ Running stitch. The Running stitch is an easy way to add colorful thread and sew down your patch quickly.



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Sewing machine

- ❖ Fabric. Pick out a piece of fabric to go behind or over your hole. Fabric should be larger than the hole.
- ❖ Prep. Trim off any extra bits around the hole you do not want. Trim Fabric to size (if needed).
- ❖ Baste. When you have the fabric positioned how you like it, tack it down with a basting stitch. This will help the fabric stay in place as you sew.



- ❖ Sew. Start at 1 end of the hole and sew back and forth many times moving slowly to the other end.
- ❖ Careful. Make sure the presser foot is down. Watch the foot so it does not get caught under the hole as it is going back and forth.

