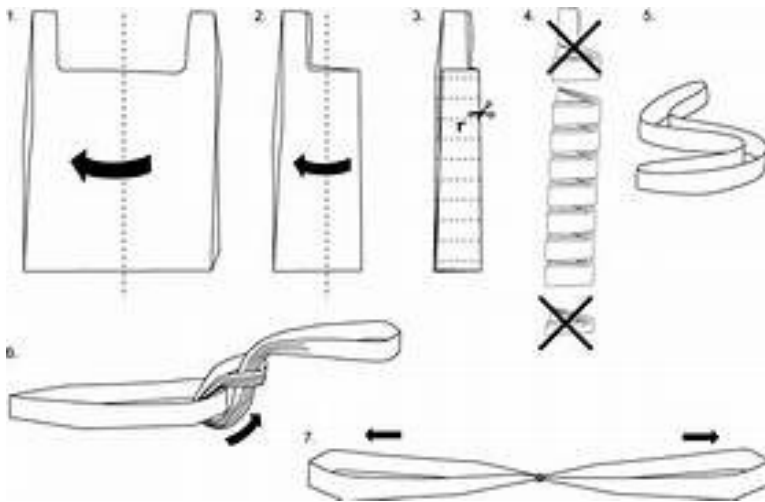


# Plastic Quick Guide: PLARN

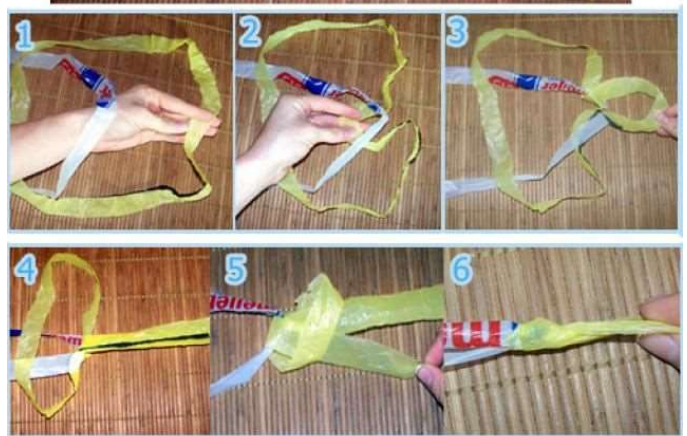
- Straighten and fold the plastic bag.

Neatly tuck and fold in the sides. Smooth bag flat.



- Cut ½ to 1 ½ inch strips. These will make plastic circles.
- connect circles in a chain to form a continuous length of PLARN.

- Crochet or knit with it just like yarn. Be careful not to pull too tight as the plastic can stretch and break.



## Plastic Quick Guide: PLEATHER

- ❖ Cut the plastic into the size/shapes you like. Plan for if you want a special design on the top and bottom.
- ❖ Place 2 layers of plastic on parchment, put parchment on top



- ❖ Iron on high with no steam. Work from the inside out. Keep the iron moving. If you have thin plastic, it will shrink if the iron is held in place too long.
- ❖ Add 1-2 more layers of plastic and iron again. Inner layers should not show and can be scraps.
- ❖ Keep adding layers until you have reached desired thickness. 6 or 8 layers is common.
- ❖ If the piece has a lot of layers, you might want to turn over and iron the front 1 more time.



- ❖ If the plastic is not melting together or delaminating, iron it again.
- ❖ Leave your pattern or special design for last.



- ❖ Place under something heavy to cool flat.
- ❖ Cut as desired and sew with a sewing machine.